

### **Waiver of Liability for Unaccompanied Single Scullers**

This agreement releases Castle Dore Rowing Club from all liability relating to injuries or harm that may occur whilst I am single sculling unaccompanied. By signing this agreement, I agree to hold Castle Dore Rowing Club entirely free from any liability, including financial responsibility for injuries incurred, regardless of whether injuries are caused by negligence.

I also acknowledge the risks involved in unaccompanied single sculling. These include but are not limited to capsizing, hitting obstacles, tidal and water risks and risks to other users of the river.

I swear that I am participating voluntarily, and that all risks have been made clear to me. Additionally, I do not have any conditions that will increase my likelihood of experiencing injuries while engaging in this activity.

I confirm that I have successfully completed capsize training and/or I can confirm that I can confidently get back into a single scull following capsizing, unassisted and in deep water.

By signing below I forfeit all right to bring any action against Castle Dore Rowing Club for any reason. I will also make every effort to obey safety precautions as listed in writing and as explained to me verbally. I will ask for clarification when needed.

I, \_\_\_\_\_, fully understand and agree to the above terms.

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(Signature of Participant)

Date